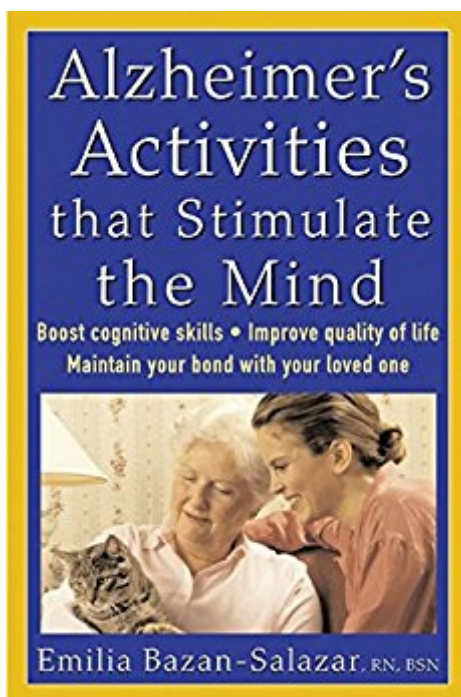


The book was found

# Alzheimer's Activities That Stimulate The Mind



## Synopsis

Based on its author's four-year study and 15 years of experience in Alzheimer's and dementia-related care, *Alzheimer's Activities That Stimulate the Mind* is the only book offering exercises appropriate to each of the four stages of the disease. It features hundreds of exercises across an array of areas and disciplines, including arts and crafts, community outings, physical activity, religion and spirituality, grooming, gardening, music, and many more.

## Book Information

File Size: 2194 KB

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inÂ Books > Self-Help > Memory Improvement

## Customer Reviews

I sent this book back, it could encourage unproductive activity situations. Although there are some good activities mentioned in this book, most of the activities outlined either simply don't work or are, at worst, counter productive for Alzheimer's persons. The author, who appears to lack knowledge of dementia and activities (she is a nurse not a RT) should become acquainted with Reisberg's 7 Stages of Alzheimer's or Johnson and Johnson's Alzheimer's as a 'trip back in time' article (American J. of Alzheimer's Disease, April, 2000). Just because a person works at a facility which cares for demented persons does not mean she knows what she is talking about. I wonder if this

person has a degree in Gerontological Nursing or Gerontology? This author ill-advises readers to use activities that aid in "reality orientation" or "24 hour reality orientation" for a person with dementia. That idea is so dated and counter-productive it is ridiculous. The requirement for 24 hour reality orientation in nursing facilities is currently being either changed or questioned by most gerontologists. For example, the trend is for changes in the 24 hour RO requirement written into the policy and procedures for dedicated dementia wings or for nursing facilities (since they are running over 60 percent dementia), where the Activity Director validates the Alzheimer's person's delusions. Why? Because RO simply doesn't work or delivers a bad message for most demented persons. Unlike depression or delirium, demented persons have lost their abilities to think, remember and reason. So instead person-centered activities are the trend, where the activity accompanies the AD person on his or her "trip back in time" instead of imposing your reality on the different reality of the AD person.

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Alzheimer's Activities That Stimulate the Mind 201 Fun Senior Activities - Top Senior Activities, Elderly Activities, Dementia Activities, and More! (Fun! for Seniors) Alzheimer's Disease: Dominate Alzheimer's Sickness With Nutrition Treatment, Brain-Healthy Lifestyle and Herbal Treatment (Alzheimer's Disease Complete ... Nutrition Treatment, Elder Care Handbook) Java Jumble®: Puzzles to Stimulate Your Mind (Jumbles®) Sexscopes: How to Seduce, Stimulate, and Satisfy Any Sign Understand Alzheimer's: A First-Time Caregiver's Plan to Understand & Prepare for Alzheimer's & Dementia Activities to do with Your Parent who has Alzheimer's Dementia The Best Friends Book of Alzheimer's Activities, Vol. 1 The Best Bridal Shower Party Games & Activities, #1 (Party Games and Activities) Sex Education Activities: Just for the Health of It, Unit 4 (Health Curriculum Activities Library) Activities Keep Me Going and Going, Volume A (Activities Keep Me Going & Going) 1st Grade Spelling Games & Activities: Activities, Exercises, and Tips to Help Catch Up, Keep Up, and Get Ahead (Sylvan Language Arts Workbooks) 150+ Screen-Free Activities for Kids: The Very Best and Easiest Playtime Activities from FunAtHomeWithKids.com! Busy Toddler, Happy Mom: Over 280 Activities to Engage your Toddler in Small Motor and Gross Motor Activities, Crafts, Language Development and Sensory Play On Pluto: Inside the Mind of Alzheimer's Designing with the Mind in Mind: Simple Guide to Understanding User Interface Design Rules Hypnosis: Medicine of the Mind: Hypnosis: Medicine of the Mind - A Complete Manual on Hypnosis for the Beginner, Intermediate and Advanced Practitioner Irritable Bowel Syndrome & the Mind-Body Brain-Gut Connection: 8 Steps for Living a Healthy Life with a Functiona (Mind-Body Connection) Criminal Psychology: Understanding the Criminal Mind and Its Nature Through

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